

Raleigh County Child Nutrition March Menu

Middle and High Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Daily Serving: Basket of Fresh Fruit****, Assorted Fruit Juice**** & Milk, 1%, or Flavored Each student is required to take one 1/2 cup of fruit, fruit juice, raw fruit or vegetable (Labeled ****) with two other items from the menu for the school year 2016-2017 (Required by the USDA).</p>				
27 Variety of Healthy Cereal Choices Yogurt Cup Fruit Mix Cup	28 French Toast Peach Cup	1 Apple Cinnamon Muffin Yogurt Cup Applesauce Cup	2 Mini Chicken Sliders Strawberry Cup Flipped Lunch Day!	3 Cheese & Egg Burrito Diced Pear Cup
<p>Start every day with a HEALTHY breakfast. Celebrate National School Breakfast Week! March 6th - 10th Support your Local Wellness by promoting National Nutritional Month</p>				
6  Variety of Healthy Cereal Choices Yogurt Cup Fruit Mix Cup	7 Tasty Egg & Cheese Croissant Applesauce Cup	8 Banana Muffin Yogurt Cup Strawberry Cup Fruit Juice	9 Maple Pancake Mini's Peach Cup Fruit Juice	10 Breakfast Pizza Pineapple Tidbit Cup
13 Variety of Healthy Cereal Choices Yogurt Cup Fruit Mix Cup	14 Bagel w/Cream Cheese & Jelly Peach Cup	15 Blueberry Muffin Yogurt Cup Pineapple Tidbit Cup	16 Maple Waffle Strawberry Cup	17 Sausage Biscuit Fruit Mix Cup St. Patrick's Day!
20 Variety of Healthy Cereal Choices Yogurt Cup Fruit Mix Cup	21 Mini Chicken Sliders Peach Cup  First Day of Spring!	22 Doughnut Ring Yogurt Cup Pineapple Tidbit Cup	23 Choc Chip French Toast Diced Pear Cup	24 Egg & Cheese Croissant Fruit Mix Cup
27 Variety of Healthy Cereal Choices Yogurt Cup Fruit Mix Cup	28 Cheese & Egg Burrito Fruit Mix Cup	29 Double Chocolate Muffin Yogurt Cup Strawberry Cup	30 Maple Pancake Mini's Peach Cup	31 English Muffin w/Egg & Canadian Bacon Diced Pear Cup

Pick 3 Campaign

Grab - n - Go Breakfast offered daily!

This institution is an Equal Opportunity Provider

Fresh Fruit available for the month:
 **** Apples - Red Delicious
 **** Bananas
 **** Grapes
 **** Oranges